

Ref: FOI 144

15 October 2019

Dear Requestor

**Request made under the Freedom of Information Act 2000**

On 26 September 2019 you sent a request, made under the Freedom of Information Act, relating to NICE-recommended non-pharmacological therapy. I now provide this information as an attachment.

I trust that this is the information you require and that your request has been fully discharged.

Any information supplied to you is protected by the Copyright, Designs and Patents Act 1988. You are free to use it for your own purposes, including any non-commercial research you are doing and for the purposes of news reporting. Any other re-use, for example commercial publication and subscription charge, would require the permission of the copyright holder.

Please note that, under the Re-use of Public Sector Information Regulations, if you wish to publish or otherwise use this information besides for your own means, you will need to seek our permission to do so.

If you are unhappy with this response, you are entitled to request an internal review of our decision, handled where possible by a member of staff not directly involved in the initial decision. If you wish to request such a review, please write direct to the Data Protection Officer, NHS Dorset, Ground Floor, West Wing, Vespasian House, Barrack Road, Dorchester DT1 1TG. We aim to deal with requests for internal review within three weeks of receipt, although where the issues involved are very complicated this period may be extended up to a total of six weeks.

If you have queries about this response, please do not hesitate to contact me quoting the above reference number.

Yours sincerely

***Signature Removed***

**Paddy Baker**  
Data Protection Officer  
NHS Dorset Clinical Commissioning Group

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		A) Are GPs able to refer NHS patients with chronic pain to this service? (Yes/No)	B) How many NHS patients were referred in 2017/18, 2018/19 and 2019/20 (to date)	C) What was the average waiting time in 2017/18, 2018/19 and 2019/20 (to date)
1.	Psychological therapies (using a cognitive behavioural approach):	Yes	*Data not held by the CCG.	*Data not held by the CCG.
2.	Manual therapy (spinal manipulation, mobilisation or soft tissue techniques such as massage):	If this refers to physiotherapy services, Yes.	*Data not held by the CCG.	*Data not held by the CCG.
3.	Group exercise programme (biomechanical, aerobic, mind-body or a combination of approaches):	*Data not held by the CCG.	*Data not held by the CCG.	*Data not held by the CCG.
4.	Pain Management Programmes:	*Data not held by the CCG.	*Data not held by the CCG.	*Data not held by the CCG.

\*I can advise that NHS Dorset CCG does not hold the information requested. To obtain the information you require, you will need to make your request to Dorset Healthcare University NHS Foundation Trust at: [foi.enquiries@dhuft.nhs.uk](mailto:foi.enquiries@dhuft.nhs.uk).