

YOUR MiND

YOUR SAY

VIEW SEEKING SURVEY

Making mental health services
better for young people in Dorset

TELL US WHAT YOU THINK BY

31

MAR

20

BE
HEARD

Making mental health services better for young people in Dorset

We want children and young people to have the best mental health and wellbeing. We also understand that people and communities have the experience and expertise that can help us shape what mental health services might look like.

We want to know from your experiences what you think about children and young people's mental health services in Dorset. We also want to know what would make these services better.

This questionnaire is for anyone who has an opinion or view about children and young people's mental health services. Please share your honest opinions and experiences. This will help us work together to improve local services.

If you're under 16, you need consent from your parent/carer before you can complete this survey. Please make sure your parent/carer signs it before you send it back to us.

Once you have completed the survey, you can post it free of charge to:

FREEPOST
THE MARKET RESEARCH GROUP

You will not need a stamp

THE CLOSING DATE OF THE SURVEY IS

31 **MAR** **20**

Any questions, please contact NHS Dorset Clinical Commissioning Group at
involve@dorsetccg.nhs.uk or call 01202 541946.

Your views

The information you share will be treated in confidence and the report will be anonymised.

We'll keep your info safe and sound. It won't be kept for longer than necessary and will only be used to help us make your health care services better.

The Market Research Group (MRG) at Bournemouth University is collecting, processing and reporting on the responses to this survey on behalf of your local NHS and councils.



Your consent

We appreciate you taking the time to complete this survey. You do not have to answer all of the questions, and you can change your mind at any point before sending us your responses.

The survey is completely anonymous. Once you have sent us your survey response we will not be able to remove it from the study because we won't be able to identify you.

Any concerns about the study should be directed to the research team by emailing:

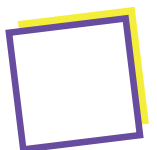
mrgsupport@bournemouth.ac.uk

If your concerns are not answered, please contact Professor Silk (Deputy Dean of Research, Faculty of Management, Bournemouth University) by email at **researchgovernance@bournemouth.ac.uk**.

Please tick the box below to confirm that you have read and understood the information provided.

We are unable to include your response if you do not tick this box.

I CONFIRM THAT I HAVE READ AND UNDERSTOOD THE INFORMATION PROVIDED. I AGREE TO TAKE PART IN THE STUDY ON THE BASIS SET OUT IN THE INFORMATION ABOVE.



From your experiences, what do you think is good or helpful about mental health services for children and young people in Dorset?



A large, empty white rectangular box intended for the respondent to provide their answer to the question above.

From your experiences, what do you think can be challenging or could be better about mental health services for children and young people in Dorset?



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From your experiences, what would make the biggest difference to mental health services for children and young people in Dorset?



A large, empty white rectangular area intended for handwritten or typed responses to the question above.

About you

We really want to understand who's taking part in this survey to ensure that we have a range of views from a range of people.

These questions are optional.

Please tell us why you have taken the time to share your experiences.



A large, empty white rectangular area intended for the respondent to provide their answer to the question above.

Where do you live? (Just tell us the first part of your postcode, e.g. BH17)

How old are you? (If you're under 16 please ask your parent/carer to sign here too.)

With what gender do you identify?

What do you consider to be your sexuality?

What is your religion or belief?

What do you consider to be your ethnic background?

Do you have any disabilities or difficulties?

Yes

No

If yes, please provide details here:

**THANK YOU FOR DOING YOUR BIT TO MAKE
HEALTH SERVICES THE BEST THEY CAN BE
FOR YOU AND EVERYONE AROUND YOU.**



What's next?

We will keep you up to date on our webpage www.dorsetccg.nhs.uk/yourmind

The next stage of improving mental health services for children and young people in Dorset is for us to use your views to inform our plans.

We will be doing this with children, young people, parents and carers, and also with the people who provide the care locally.

If you would like to stay informed or be more involved with this work you can sign up at www.dorsetccg.nhs.uk/yourmind

Get in touch



involve@dorsetccg.nhs.uk



[@dorsetccg](https://twitter.com/dorsetccg)



01202 541946



[@nhsdorsetccg](https://www.facebook.com/nhsdorsetccg)



**IF YOU WANT TO SPEAK TO SOMEONE URGENTLY ABOUT ANY
KIND OF MENTAL HEALTH ISSUE, YOU CAN CALL:**

CHILDLINE

Call for free on **0800 11 11**.
The line is open 24 hours a day, seven days a week.

CONNECTION

This is a 24/7 helpline open to all ages. Dorset residents or people visiting Dorset can call direct on **0300 123 5440**,
or access via **NHS 111**.



THANKS FOR PARTICIPATING