

Locality	Organisation	Opening Hours	Type of Service	Website
Pan Dorset	Access Dorset		Access Dorset is a user led organisation and registered charity, run by disabled people, older people and carers. They work to remove the physical, attitudinal and communication barriers that exist and are faced daily by their client base.	<a href="http://www.accessdorsetcentre.org/">http://www.accessdorsetcentre.org/</a>
East	Age UK Bournemouth		<p><b>East Dorset:</b></p> <ul style="list-style-type: none"> <li>• <b>Age UK Bournemouth</b> provides home support, a community support centre, insurance, lunch clubs, pop-ins, nail cutting, befriending, information &amp; advice, a charity shop.</li> <li>• <b>Age Concern Christchurch</b> provides pop-ins, transport and befriending.</li> <li>• <b>Age Concern Ferndown and District</b> provides pop-ins, a day centre, shopping service and transport</li> <li>• <b>Age Concern Lytchett Minster and Upton</b> provides a day centre, outings and holidays.</li> <li>• <b>Age Concern Poole</b> provides pop-ins, information &amp; advice.</li> <li>• <b>Age Concern Verwood</b> provides a day centre</li> </ul>	<a href="http://www.ageuk.org.uk/dorchester/about-age-uk-dorchester/dorset-age-uk-groups/">http://www.ageuk.org.uk/dorchester/about-age-uk-dorchester/dorset-age-uk-groups/</a>
West	Age UK Dorchester		<p><b>North Dorset:</b></p> <ul style="list-style-type: none"> <li>• <b>Age Concern Blandford Forum</b> provides pop-ins, outings, information &amp; advice. Monday, Tuesday, Thursday 10am to 1pm, 01258 458250 <a href="http://www.acblandfordforum.org.uk">www.acblandfordforum.org.uk</a></li> <li>• <b>Age Concern North Dorset</b> (Sturminster Newton and District) provides lunch clubs, outings, access to information &amp; advice, befriending and practical support. Monday to Friday 9am to 1pm, 01258 475582 <a href="http://www.acnorthdorset.org.uk">www.acnorthdorset.org.uk</a></li> <li>• <b>Age Concern Shaftesbury &amp; Gillingham</b> provides outings, pop-ins, shopping service, befriending, hospital transport, information &amp; advice, lunch clubs. Wednesday and Thursday 10am to 12pm, 01747 853966</li> </ul> <p><b>Chancery House</b> (previously known as Age Concern Bridport) provides a day centre, outings, lunch clubs, holidays, hairdressing, foot care. Monday to Friday 9am to 3pm, 01308 424357 <a href="http://www.chanceryhouse.org.uk">www.chanceryhouse.org.uk</a></p> <ul style="list-style-type: none"> <li>• <b>Bridport Friendship Centre</b> provides social meetings, trips and lunches. 01308 424557</li> <li>• <b>Age Concern Wareham</b> provides 'Helping Hands', a volunteer driving scheme and befriending service. 01929 556655</li> <li>• <b>Age UK Dorchester</b> – Monday to Friday, 9am to 4pm, 01305 269444</li> </ul>	<a href="http://www.ageuk.org.uk/dorchester/about-age-uk-dorchester/dorset-age-uk-groups/">http://www.ageuk.org.uk/dorchester/about-age-uk-dorchester/dorset-age-uk-groups/</a>

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Bournemouth & Poole	Bi Polar Support Group Bournemouth & Poole	<b>Meets:</b> 1st Wednesday of every month at 7:30pm	<a href="#">Acute Care Pathway Documents\Guidance Documents\bipolar uk strategy 2015 2020.pdf</a>	
Dorchester	Bi-Polar Support group Dorchester	Tuesdays, second week of the month, 7:00pm to 9:00pm	<a href="#">Acute Care Pathway Documents\Guidance Documents\bipolar uk strategy 2015 2020.pdf</a>	<a href="http://www.bipolaruk.org.uk/">http://www.bipolaruk.org.uk/</a>
Pan Dorset	Body Positive Dorset	Opening Times Monday 13:00-17:00 Tuesday 13:00-19:00 Wednesday 13:00-17:00 Thursday 13:00-19:00 Friday 10:30-17:00	Body Positive Dorset aims to support and empower people living with and affected by HIV in Dorset and surrounding areas, to evaluate and develop services that meet the changing needs of the diverse community. They provide information and education on HIV and other sexually transmitted infections to encourage testing, early diagnosis and treatment to reduce the onward transmission of infections. They are committed to working both individually, and in partnership with others, to achieve these aims.	<a href="http://www.bodypositive.dorset.org/index.php">http://www.bodypositive.dorset.org/index.php</a>
Bournemouth & Poole	Bournemouth & Poole MDF Bipolar Self Help Group		(For carers & people with bipolar disorder)	

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Dorset MH Acute Care Pathway Community Asset Mapping

Locality	Organisation	Opening Hours	Type of Service	Website
Bournemouth	Bournemouth Council for Voluntary Service		<p>This is a charity who offer support to over 1,500 Voluntary and Community groups. These groups are crucially important because they provide a service to over half the population in Bournemouth.</p> <p>They help to set the groups up, speak up on their behalf to ensure they have a say in the local community, support them to network and help them become more effective. They also help them to advertise volunteer opportunities and find volunteers.</p>	<p><a href="http://www.bournemouthhcvs.org.uk/">http://www.bournemouthhcvs.org.uk/</a></p>
Pan Dorset	Bournemouth Churches Housing Association		<p>This is a major provider of a diverse range of housing, support and learning services for socially excluded people. Although based in Bournemouth, they currently deliver services across the South from Plymouth to Reading.</p> <p>Their mission is to help people take control of their own lives. Wherever people feel vulnerable or stuck, they want to equip them to find a way forward, by offering the highest standards of support for housing, health, learning and work - or any combination of these needs. As a multi-discipline third sector organisation, they want to continuously develop our services, resources and partnerships, to help bring together the housing, health and social care sectors - and so deliver an ever-improving quality of support to society's most in-need people. BCHA has a range of services to offer:</p> <ul style="list-style-type: none"> <li>Alder Hills Factory – café, storage, cycle workshop</li> <li>Domestic Violence Service</li> <li>Range of Supported Housing Services</li> <li>Ignite – training courses</li> </ul>	<p><a href="http://www.bcha.org.uk/about-us/">http://www.bcha.org.uk/about-us/</a></p>
Bournemouth	Bournemouth Islamic Centre & Central Mosque		Community Centre for Muslims and non-muslims	<p><a href="http://www.biccm.co.uk/Pages/default.aspx">http://www.biccm.co.uk/Pages/default.aspx</a></p>

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Bournemouth	Bournemouth People First		<p>This organisation is run by people with learning disabilities, making things better for people with learning disabilities by:</p> <ul style="list-style-type: none"> <li>* Training our members and services</li> <li>* Putting on events</li> <li>* Telling services what our members think</li> <li>* Putting on club nights for our members and friends</li> <li>* Running projects like Keeping Safe and Speaking Up</li> <li>* Making sure people have rights, choice and control</li> <li>* Making sure information is accessible</li> </ul>	<a href="http://www.bournemouthpeoplefirst.co.uk/index.html">http://www.bournemouthpeoplefirst.co.uk/index.html</a>
Bournemouth & Poole	Bournemouth University-Student Wellbeing	Monday - Thursday 9:00am-5:00pm Friday 1:00pm-4:00pm	<p>They offer a range of support, including:</p> <p>Support from a Wellbeing Advisor who can offer practical help with issues such as stress, worry, homesickness, panic, sleeping and eating difficulties, lifestyle issues and low mood or anxiety. The Wellbeing Advisor will help people to access more intensive support if it is needed.</p> <p>Support from a Counsellor. The service offers a block of six sessions with a counsellor. Drop-in support. Monday 12:30-1:30pm &amp; Wednesday 3:30-4:30pm, or the Young Adults Drug &amp; Alcohol Service drop-in Tuesday 12:30-1:30pm.</p> <p>They also signpost people to relevant services.</p>	<a href="https://www1.bournemouth.ac.uk/students/health-wellbeing/student-wellbeing">https://www1.bournemouth.ac.uk/students/health-wellbeing/student-wellbeing</a>
Pan Dorset	Carers Moving Forward		<p>Carers Moving Forward offers friendship and support to people whose loved ones have to go into emergency, respite or full-time residential care. The first Carers Moving Forward group was launched in Dorchester in September 2014. A year later, a second group was opened in Bournemouth.</p>	

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Bournemouth & Poole	Carers Service Users Partnership		The Carer and Service User Partnership Group plays an integral role in the delivery and development of the university's health and social care programmes. They are a group of people who have used a wide range of health and social care services, or who are carers for family members or friends. They are involved at various points of each student's journey, from participating in recruitment activities for their courses and taking part in teaching and learning activities, to getting involved with the assessment of students' work and contributing to research.	<a href="https://www1.bournemouth.ac.uk/discover/faculties/faculty-health-social-sciences/carers-service-user-partnership-group">https://www1.bournemouth.ac.uk/discover/faculties/faculty-health-social-sciences/carers-service-user-partnership-group</a>
Pan Dorset	Diverse Abilities		Diverse Abilities Plus (formerly Dorset Scope) is a local independent charity supporting adults and children with physical and learning disabilities, often profound and complex, in the local community.	<a href="https://diverseabilities.org.uk/">https://diverseabilities.org.uk/</a>
Pan Dorset	Dorset Action on Abuse		This organisation's mission is to relieve the suffering and distress of men and women over the age of 16 who are survivors of child abuse (sexual, physical, emotional and neglect) in Dorset, including Bournemouth and Poole.. DAA provides a variety of services: Facilitated survivor support groups Training events for professionals, volunteers and the public Weekly, individual therapeutic counselling Creative Therapy group courses.	<a href="http://www.dorsetactiononabuse.org.uk/">http://www.dorsetactiononabuse.org.uk/</a>
Pan Dorset	Dorset ADHD Support Group		Dorset ADHD is a voluntary organisation set up by parents to support others living with ADHD. We are active in learning from you and educating a wider audience on Attention Deficit Hyperactivity Disorder. We can deliver training on ADHD and assist in setting up an ADHD Parent group in your area.	<a href="http://adhd Dorset.btck.co.uk/">http://adhd Dorset.btck.co.uk/</a>
Pan Dorset	Dorset Adult Asperger's Support		Meeting for carers & adults affected by Asperger's Syndrome	<a href="http://www.dorsetadultaspergerssupport.org.uk">www.dorsetadultaspergerssupport.org.uk</a>

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Pan Dorset	Dorset Advocacy Service		Dorset Advocacy develops and uses excellent practice to ensure people can speak up, promote their rights, and play a full part in the life of their communities. To maximise the opportunities for everyone we work with to meet their specific individual potential, and enable and empower them to live their lives the way they choose.	<a href="http://www.dorsetadvocacy.co.uk/index.html">http://www.dorsetadvocacy.co.uk/index.html</a>
Pan Dorset	Dorset Community Action		Dorset Community Action (DCA) is an independent voluntary organisation and charitable company They are governed by a Board of Trustees, and have a membership of over 250 voluntary organisations, community groups, social enterprises and local authorities from across Dorset.	<a href="http://www.dorsetcommunityaction.org.uk/">http://www.dorsetcommunityaction.org.uk/</a>
Pan Dorset	Dorset Mental Health Forum	The Forum's office hours are 9.30am - 3.30pm Monday to Friday.	The Dorset Mental Health Forum is a local peer led charity. They exist to improve the lives of everyone affected by mental illness by promoting wellbeing and recovery. They were established in 1992 and employ people with lived experience of mental health problems whenever possible.  Recovery Education Centre – classes all over Dorset Reach Project – Sport and leisure activities across Dorset	<a href="http://www.dorsetmentalhealthforum.org.uk/">http://www.dorsetmentalhealthforum.org.uk/</a>
Pan Dorset	Dorset Mind		Dorset Mind has been serving people with mental health problems in the Dorset area since 1947. The charity aims to support people in their recovery from mental health problems. Future Plans: Dorset Mind is currently looking to open up more peer support recovery groups in different locations throughout Dorset.	<a href="http://www.dorsetmind.org.uk/">http://www.dorsetmind.org.uk/</a>
Pan Dorset	Dorset Occupational Therapy Service (DOTS)		DOTS Disability is a Community Interest Company, established in 2007 by disabled people, older people and carers. They are the social enterprise arm of the charity Access Dorset. We provide access to consultation with disabled people from across the impairment groups, training and Occupational Therapy services. All of their work is informed by the Social Model of Disability	

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Pan Dorset	Dorset Race Equality Council		<p>Their Aims</p> <ul style="list-style-type: none"> <li>i. Ensure that ethnic minority individuals and communities in Dorset feel empowered to challenge racism and discrimination and have access to support and information</li> <li>ii. Promote the celebration of ethnic, cultural and religious diversity in Dorset society and strengthen local ethnic minority organisations</li> <li>iii. Work towards making public, private and voluntary sector agencies in Dorset fully representative of, and responsive to, the ethnic, cultural and religious diversity of the population; offering equal opportunities and equal access to all.</li> </ul>	<a href="http://www.dorsetrec.org.uk/">http://www.dorsetrec.org.uk/</a>
Pan Dorset	Essential Drug and Alcohol Services (EDAS)	SMART Substance Misuse and Assessment and Referral Team Appointments: Mon-Fri 8.30 – 3.30 Evening appointments available	EDAS was established in 1970, with the organisation’s 40+ years of experience, passion and enthusiasm for the client group, EDAS has developed a service that provides care and support for all sectors of the community to include: Young people, carers, criminal justice clients, through-care and aftercare clients, clients with medication issues, pre-treatment and assessment for service users aged 10 – 85 plus.	<a href="http://www.edasuk.org/">http://www.edasuk.org/</a>
Pan Dorset	Faith Work Wessex		<ul style="list-style-type: none"> <li>• They have a passion for those who are often forgotten or ignored</li> <li>• They highlight that they are in it for the long term – and recognise that change comes over time as we “walk alongside people on their journey” and develop relationship;</li> <li>• They believe that the Christian faith is about putting faith into action in order to bring lasting change for the local community;</li> </ul> <p>They now have 18 staff and over 220 volunteers working on at least 10 different projects all focused on bringing Hope into areas of crisis and despair.</p>	<a href="http://faithworkswessex.org.uk/">http://faithworkswessex.org.uk/</a>

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Pan Dorset	Mind OUT Dorset	Helpline is open Tuesday, Wednesday and Saturday 7.00pm to 9.30pm Thursdays from 1pm - 4pm at Over The Rainbow.	Lesbians, gay men, bisexual women and men face discrimination within the present day mental health system – as users, carers and professionals. The 2003 Mind/University College of London report on mental health of lesbian, gay men and bisexual people found that up to 36 per cent of gay men, 26 per cent of bisexual men, 42 per cent of lesbians and 61 per cent of bisexual women recounted negative or mixed reactions from mental health professionals when being open about their sexuality	
Poole	Richmond Fellowship - Poole	2ND Weds of each month 7.00pm – 9.00pm	General Mental Health Carers Support Groups	
Christchurch	Richmond Fellowship East Dorset	Last Weds of each month 7.00pm – 9.00pm	General Mental Health Carers Support Groups	
Bournemouth	Richmond Fellowship Bournemouth	Monthly on Mondays 2.00pm – 4.00pm	Carers of people with mental health problems	
Pan Dorset	Healthwatch Dorset		Healthwatch gives people a powerful voice locally and nationally. At a local level, local Healthwatch works to help local people get the best out of their local health and social care services. Whether it's improving them today or helping to shape them for tomorrow. Local Healthwatch is all about local voices being able to influence the delivery and design of local services. Not just people who use them, but anyone who might need to in future.	<a href="http://www.healthwatchdorset.co.uk/">http://www.healthwatchdorset.co.uk/</a>



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Pan Dorset	HYPED	Monday to Friday, 9am - 5pm	Every year Hyped helps hundreds of young people who find themselves homeless. Throughout Dorset and Oxford, we provide somewhere safe to call home, plus the support and guidance young people need to regain control of their lives.	<a href="http://www.hyped.org.uk/home.aspx">http://www.hyped.org.uk/home.aspx</a>
Pan Dorset	Live Well Dorset	Mon - Fri 9am to 5pm	LiveWell Dorset is a free service for people who live in Bournemouth, Poole and Dorset who would like support to change their lifestyle. They offer a friendly single point-of-access to multiple health and wellbeing services and advice. A team of trained Wellbeing Advisors and Coaches provide tailored information, guidance and support to help people stop smoking	
Pan Dorset	Mosaic		Mosaic is a Dorset wide charity offering a pathway of support to bereaved children, young people and their families. They also work with young people who are facing the death of a loved one. Mosaic provides individual, family and group support. Every child has the opportunity to attend their residential weekend programme where they can meet others and share their experiences.	<a href="http://www.mosaicfamilysupport.org.uk/">http://www.mosaicfamilysupport.org.uk/</a>
North	North Dorset Locality (CCG) PPI Development Worker		Patient & Public Involvement Development Worker employed by North Dorset Locality to work with Communities in the Locality	
Mid	Obsessions Together		Support groups across Wimborne and Poole for people with OCD and their carers	
Dorset	People First Dorset		Support forum for people with a Learning Disability.	<a href="http://www.dorsetpeoplefirst.co.uk/">http://www.dorsetpeoplefirst.co.uk/</a>
Poole	Poole Council for Voluntary Service		Poole CVS works in partnership with Bournemouth CVS and Dorset Race Equality Council. They offer a range of services including: Funding advice Advice on running your organisation Help with finding volunteers	<a href="http://www.poolecvs.org.uk/">http://www.poolecvs.org.uk/</a>

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Poole	Poole Forum	Monday to Wednesday 9.30 am to 3.00 pm Thursday 9.30 am to 11.30am.	Support forum for people with a Learning Disability.	<a href="http://www.pooleforum.co.uk/index.html">http://www.pooleforum.co.uk/index.html</a>
Poole	Poole Well-being Collaborative		The role of the Poole Well-being Collaborative is to support local Poole residents by giving access to information and services and to also identify gaps where people could benefit from new services or community groups. They work in Beech House as part of a wider housing hub community that together provide a wealth of information, advice and services now available to residents across the Borough of Poole.	<a href="http://www.poolewellbeing.org/">http://www.poolewellbeing.org/</a>
Pan Dorset	Relate		They help with relationship counselling, children and young people’s counselling, family counselling and sex therapy. Their separation services include Family Mediation, Supervised Contact and the Separated Parents Information Programme.	
Blandford	Relate - Blandford	Monday to Friday : 9:00-17:00	As above	
Bridport and Locality	Relate - Bridport	Monday to Friday : 9:00-17:00	As above	
Dorchester	Relate - Dorchester	Monday to Friday : 9:00-17:00	As above	<a href="http://www.relatedorset.org.uk/">http://www.relatedorset.org.uk/</a>
North	Relate - Shaftesbury	Only open Tuesday: 18:00-21:00	As above	

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East	Relate - Verwood	Monday to Friday : 9:00-17:00	They can help with relationship counselling, children and young peoples' counselling, family counselling and sex therapy. The separation services include Family Mediation, Supervised Contact and the Separated Parents Information Programme.	
Bournemouth	Rethink - Bournemouth Housing - Northover Court	This service is open 24 hours a day, 7 days a week	Area Covered: Bournemouth: Northover Court is a 22 bed high level supported housing scheme for adults with a mental health diagnosis living in Bournemouth. They typically provide up to 12 hours of support per person per week. It is expected that everyone we support moves on from the service.	<a href="https://www.rethink.org/services/groups/services/bournemouth-housing-northover-court">https://www.rethink.org/services/groups/services/bournemouth-housing-northover-court</a>
Bournemouth	Rethink - Bournemouth Housing - Southbourne Road	Monday to Sunday 8:00am - 10:00pm	Area Covered: Bournemouth: Medium supported accommodation with nine bedrooms for people with mental health problems. Move on accommodation - support provided for two years. Floating support is provided to the tenants between the hours of 8am-10pm Monday to Sunday.	<a href="https://www.rethink.org/services/groups/services/bournemouth-housing-southbourne-road">https://www.rethink.org/services/groups/services/bournemouth-housing-southbourne-road</a>
Bridport and Locality	Rethink - Bridport and Beaminster Rethink Relatives and Carers Group	The Group meets on the fourth Monday of every month from 3.30pm - 5.30pm	They have a membership of about 25, all Carers. The aim of the group is mutual support. Half of the meetings are discussion and self-help, and half are where speakers are invited on very relevant topics. They do local campaigning when the need arises.	<a href="https://www.rethink.org/services/groups/groups/bridport-and-beaminster-rethink-relatives-and-carers-group">https://www.rethink.org/services/groups/groups/bridport-and-beaminster-rethink-relatives-and-carers-group</a>

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Dorset	Rethink - Dorset Care Support Service	Monday to Friday 9.00am - 4.30pm	<p>They can help people living in Dorset (excluding Bournemouth &amp; Poole) who care for someone with a mental illness. They provide one to one and group support, give advice, support, information, activities and help with respite funding and much more</p> <p><a href="https://www.rethink.org/?gclid=Cj0KEQqAsP-2BRCFI4Lb2NTJttEBEiQAmj2tbY-xpbo41PwP8FkWhrJCY3jPo1zBrN1qIrXs3uYEIPlaAm1W8P8HAQ&amp;gclid=Cj0KEQqAsP-2BRCFI4Lb2NTJttEBEiQAmj2tbY-xpbo41PwP8FkWhrJCY3jPo1zBrN1qIrXs3uYEIPlaAm1W8P8HAQ">https://www.rethink.org/?gclid=Cj0KEQqAsP-2BRCFI4Lb2NTJttEBEiQAmj2tbY-xpbo41PwP8FkWhrJCY3jPo1zBrN1qIrXs3uYEIPlaAm1W8P8HAQ&amp;gclid=Cj0KEQqAsP-2BRCFI4Lb2NTJttEBEiQAmj2tbY-xpbo41PwP8FkWhrJCY3jPo1zBrN1qIrXs3uYEIPlaAm1W8P8HAQ</a></p>	
Bridport and Locality	Rethink - Dorset Early Intervention Service	Monday varies - please enquire 01308 459762	<p>The service provides Early Intervention in Psychosis support for young people in the first few years of experiencing psychosis. Youth groups are organised regularly.</p>	<p><a href="https://www.rethink.org/services/groups/services/dorset-early-intervention-service">https://www.rethink.org/services/groups/services/dorset-early-intervention-service</a></p>
Poole	Rethink - Poole Floating Support	Monday to Friday 9.00am - 5.00pm	<p>Area Covered: Poole</p> <p>Poole Floating Support service is a free service which offers recovery-focused housing related support to individuals under Poole CMHT and residing in Poole, Dorset. The service promotes independent living in the community, usually providing support in the person's own home. Support is tailored to the needs of the individual using a person centred recovery, support and safety plan. This may include housing related needs such as practical skills to maintain their tenancy e.g. domestic and laundry skills.</p>	<p><a href="https://www.rethink.org/services/groups/services/poole-floating-support">https://www.rethink.org/services/groups/services/poole-floating-support</a></p>

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West & North	Rethink - West and North Dorset Community Services	Monday to Friday 9.00am - 5.00pm	<p>Area Covered: West and North Dorset including Weymouth and Portland</p> <p>West and North Dorset Community team provide fluid, flexible, personalised, socially inclusive, time framed individual and group-based support to meet the aspirations and diverse needs of people accessing their service.</p>	<a href="https://www.rethink.org/services/groups/services/west-and-north-dorset-community-services">https://www.rethink.org/services/groups/services/west-and-north-dorset-community-services</a>
Bournemouth	Rethink - Reconnect Floating Support Service - Bournemouth	Monday to Friday 9.00am - 5.00pm	<p>Area Covered: Bournemouth</p> <p>Reconnect Bournemouth Floating Support is a free service which provides housing related support to individuals with a diagnosis of dementia, or memory loss, living in Bournemouth. Assisting them to develop or maintain their independence and recover to a better quality of life within the community. They provide up to five hours of support each week, usually in the person's own home.</p>	<a href="https://www.rethink.org/services/groups/services/reconnect-floating-support-service-bournemouth">https://www.rethink.org/services/groups/services/reconnect-floating-support-service-bournemouth</a>
West & North	Rethink - West and North Dorset Community Services	Monday to Friday 9.00am - 5.00pm	<p>Area Covered: West and North Dorset including Weymouth and Portland</p> <p>West and North Dorset Community team provide fluid, flexible, personalised, socially inclusive, time framed individual and group-based support to meet the aspirations and diverse needs of people accessing our service.</p>	<a href="https://www.rethink.org/services/groups/services/west-and-north-dorset-community-services">https://www.rethink.org/services/groups/services/west-and-north-dorset-community-services</a>
Pan-Dorset	Rethink - West of Dorset Recovery House	This service is open 24 hours a day, 7 days a week	The Recovery House is a 7 bed residential property located in Weymouth. The service supports people in an acute mental health crisis who require a stable, supported and homely environment on a very short term basis, for a maximum of 14 days.	<a href="https://www.rethink.org/services/groups/services/west-of-dorset-recovery-house">https://www.rethink.org/services/groups/services/west-of-dorset-recovery-house</a>

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Bournemouth	Richmond Fellowship (Bournemouth Supported Housing)		They work with experts in the field, such as the Implementing Recovery through Organisational Change (ImROC) programme team, who are helping to ensure that recovery principles are embedded consistently across our wide range of services.	<a href="http://www.richmondfellowship.org.uk/dorset/">http://www.richmondfellowship.org.uk/dorset/</a>
East	Richmond Fellowship (East Dorset Community Service)		They provide recovery focused groups and one to one support for individuals with mental health problems throughout the Poole area. They also provide a carers service, providing one to one support and group support to individuals who care for people who have mental health problems.	<a href="http://www.richmondfellowship.org.uk/dorset/poole-community-based-service/">http://www.richmondfellowship.org.uk/dorset/poole-community-based-service/</a>
Poole	Richmond Fellowship (Poole Community Based Service)		They provide a variety of recovery focused activities, training and one-to-one support for people with mental health problems. Our service is based on an ethos of social inclusion, service user involvement and individualised support. Activities include peer support, healthy living, horticultural groups, Bailey's Frames, groups and group work. Volunteering opportunities are available within the service. The carers support service offers one-to-one support, respite opportunities and a dynamic support group	<a href="http://www.richmondfellowship.org.uk/dorset/east-dorset-community-service/#toggle-id-4">http://www.richmondfellowship.org.uk/dorset/east-dorset-community-service/#toggle-id-4</a>
Pan Dorset	Soldiers and Sailors Families Association (SSAFA)		Their Vision: "We want our Armed Forces (both Regular and Reserves), veterans and their families to know they can depend on SSAFA for support now and for the rest of their lives. Our values mean we are committed, practical and understanding."	<a href="https://www.ssaafa.org.uk/dorset">https://www.ssaafa.org.uk/dorset</a>

Appendix 5

Dorset MH Acute Care Pathway Community Asset Mapping

Locality	Organisation	Opening Hours	Type of Service	Website
Poole	SWOP Chestnut Nursery	Mon- Fri: 8.00 am - 4.00 pm Sat: 10.00 am - 3.00 pm Sun: Closed	Chestnut Nursery is the second project of the registered charity the Sheltered Work Opportunities Project (SWOP) Chestnut Nursery is a project of SWOP (Sheltered Work Opportunities Project) which is a registered charity. Based in the centre of Poole, it provides voluntary work for adults with severe and enduring mental illness. The project aims to improve mental wellbeing through the healing nature of horticulture.	<a href="http://www.chestnutnursery.org.uk/">http://www.chestnutnursery.org.uk/</a>
Pan Dorset	The Intercom Trust LGB & T		Their Mission Statement is: "To work to build a South West where lesbian, gay, bisexual and trans people can live and work among our neighbours without prejudice and without fear."	<a href="http://www.intercomtrust.org.uk/">http://www.intercomtrust.org.uk/</a>
Ferndown	Turbary Resource Centre (The bus stop club)		Provides Parenting Support, Money advice, Life Skills	<a href="http://thebusstopclub.co.uk/">http://thebusstopclub.co.uk/</a>
Bournemouth	Unity In Vision		"We unite people from diverse cultures to work co-operatively on social projects that benefit the entire community". They aim to bring people together from diverse cultural backgrounds so that they might see beyond the negative stereotypes and institutionalised social prejudice to meet their fellow human beings face to face.	<a href="http://www.unity-in-vision.org.uk/index.htm">http://www.unity-in-vision.org.uk/index.htm</a>
North Dorset		Tuesday, every other week, 10.00 am – 12.00	Zest Café - ?no longer open, no website and no opening times.  Mindful Café Gillingham	<a href="https://www.mylifemycare.com/article/419442/Mindful-Cafe---Gillingham">https://www.mylifemycare.com/article/419442/Mindful-Cafe---Gillingham</a>

**Appendix 5**

Dorset MH Acute Care Pathway Community Asset Mapping

North Dorset and Bournemouth			Hope Charity	<a href="http://www.hopehts.com/">http://www.hopehts.com/</a>
Pan Dorset	Community Assets		Community Resource Teams – Weymouth, Dorchester, Bridport and North Dorset	<a href="http://wellbeingweymouth.org.uk/">http://wellbeingweymouth.org.uk/</a>
Pan Dorset	Sports Centres		<p>Ferndown Leisure Centre  <a href="http://www.placesforpeopleleisure.org/centres/ferndown-leisure-centre/">http://www.placesforpeopleleisure.org/centres/ferndown-leisure-centre/</a></p> <p>Queen Elizabeths Leisure Centre  <a href="https://www.dorsetforyou.gov.uk/qe-leisure-centre">https://www.dorsetforyou.gov.uk/qe-leisure-centre</a></p> <p>Purbeck Sports Centre  <a href="https://www.dorsetforyou.gov.uk/purbeck-sports-centre">https://www.dorsetforyou.gov.uk/purbeck-sports-centre</a></p> <p>Dorchester Sports Centre  <a href="https://www.1610.org.uk/centres/dorchester-sports-centre/">https://www.1610.org.uk/centres/dorchester-sports-centre/</a></p> <p>Bridport Leisure Centre  <a href="http://www.bridportleisure.com/">http://www.bridportleisure.com/</a></p> <p>Gryphon Sports Centre, Sherborne  <a href="https://www.dorsetforyou.gov.uk/article/387466/Gryphon-Sports-Centre-Sherborne">https://www.dorsetforyou.gov.uk/article/387466/Gryphon-Sports-Centre-Sherborne</a></p> <p>Rivers Meet Leisure Centre, Gillingham  <a href="http://www.riversmeetgillingham.org/">http://www.riversmeetgillingham.org/</a></p>	



		<p>Osprey Leisure Centre, Portland  <a href="http://www.ospreyleisure.co.uk/">http://www.ospreyleisure.co.uk/</a></p> <p>Blandford Leisure Centre  <a href="https://www.everyoneactive.com/centre/blandford-leisure-centre/">https://www.everyoneactive.com/centre/blandford-leisure-centre/</a></p> <p>Verwood Hub  <a href="https://www.dorsetforyou.gov.uk/verwoodhub">https://www.dorsetforyou.gov.uk/verwoodhub</a></p> <p><b>Bournemouth</b></p> <p>Littledown Centre  <a href="https://www.bhliveactive.org.uk/centres/littledown-centre/?domain=www.littledowncentre.co.uk">https://www.bhliveactive.org.uk/centres/littledown-centre/?domain=www.littledowncentre.co.uk</a></p> <p>Pelhams Park Leisure Centre  <a href="https://www.bhliveactive.org.uk/centres/pelhams-park-leisure-centre/">https://www.bhliveactive.org.uk/centres/pelhams-park-leisure-centre/</a></p> <p>Stokewood Leisure Centre  <a href="https://www.bhliveactive.org.uk/centres/stokewood-leisure-centre/">https://www.bhliveactive.org.uk/centres/stokewood-leisure-centre/</a></p> <p>Sir David English, Castle Lane  <a href="https://www.bhliveactive.org.uk/centres/sir-david-english-sports-centre/">https://www.bhliveactive.org.uk/centres/sir-david-english-sports-centre/</a></p> <p><b>Poole</b></p> <p>Poole (Dolphin) Leisure Centre  <a href="https://www.everyoneactive.com/centre/everyone-active-leisure-centre-poole-dolphin/">https://www.everyoneactive.com/centre/everyone-active-leisure-centre-poole-dolphin/</a></p> <p>Ashdown Leisure Centre  <a href="http://www.poole.gov.uk/leisure-and-culture/sports-clubs-fitness/leisure-centres-in-poole/#Everyone-Active-Ashdown">http://www.poole.gov.uk/leisure-and-culture/sports-clubs-fitness/leisure-centres-in-poole/#Everyone-Active-Ashdown</a></p> <p>Rossmore Leisure Centre  <a href="http://www.poole.gov.uk/leisure-and-culture/sports-clubs-fitness/leisure-centres-">http://www.poole.gov.uk/leisure-and-culture/sports-clubs-fitness/leisure-centres-</a></p>	
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			<p><a href="#">in-poole/#Everyone-Active-Rossmore</a></p> <p>The Junction Sport and Leisure Centre, Broadstone  <a href="http://www.thejunctionbroadstone.co.uk/">http://www.thejunctionbroadstone.co.uk/</a></p> <p>Sherborne Sports Centre  <a href="http://www.sherbornesports.co.uk/">http://www.sherbornesports.co.uk/</a></p> <p><b>Christchurch</b>  Two Riversmeet Leisure Centre  <a href="https://www.dorsetforyou.gov.uk/2-rivers-meet">https://www.dorsetforyou.gov.uk/2-rivers-meet</a></p>	
Christchurch	Positive Spirits	Tuesdays 10.30 – 12.00	Hearing Voices Groups held at Christchurch library. Open to CMHT clients from Christchurch and Southbourne CMHT.	<a href="http://www.hearing-voices.org/groups/dorset/">http://www.hearing-voices.org/groups/dorset/</a>
Bournemouth			<p>? Community centres – Pelhams/Moordown/West Howe – change project.</p> <p>Moordown Community Centre  <a href="http://www.bournemouthcommunitycentres.co.uk/moordown/">http://www.bournemouthcommunitycentres.co.uk/moordown/</a></p> <p>Strouden Community Centre  <a href="http://www.bournemouthcommunitycentres.co.uk/strouden/">http://www.bournemouthcommunitycentres.co.uk/strouden/</a></p> <p>Muscliff community Centre  <a href="http://www.bournemouthcommunitycentres.co.uk/muscliff/">http://www.bournemouthcommunitycentres.co.uk/muscliff/</a></p> <p>Support – Time Recovery workers (Bournemouth Borough Council) – can these be integrated?</p>	

