

Form IHA – C LOOKED AFTER CHILDREN



Initial Health Assessment

recommended for children from birth to 9 years

Part B to be completed by examining health professional

CONFIDENTIAL

This information is confidential and is not to be divulged without authorisation of the Health Adviser. For adoption only, a copy of this entire form will be sent to the young person's adoption agency.

The child should be accompanied by his/her carer and if possible a birth parent. Valid consent to health assessment is needed from an adult with parental responsibility/ies, unless the child has capacity to consent for him/herself. For consent to access family health information a signed Consent Form (or photocopy) must be attached.

Part A To be completed by the agency – write clearly in black ink

Form to be returned to the agency Health Adviser:

Health Adviser's Name	Dr Judith Gould		
Address and Postcode	Pelhams Clinic Millhams Road Kinson BH10 7LH		
Telephone	01202 570821	Fax	01202 576104
Email			

Child	Interpreter/signer required?	Arranged?	
	Yes / No	Yes / No	
First name(s)		Family name	
Likes to be known as		Also / previously known as	
Date of birth		Sex M/F	
Legal status eg. In care/ accommodated supervision order (Scotland)		NHS number CHI number (Scotland)	
Person(s) with parental responsibility/ies:		Current legal proceedings	
Date first looked after at this episode		Reason for being looked after	
Number of previous carers, including birth family			
Ethnicity/religion			
First language		Other language(s)	
School/nursery/other day care			

Name of child		DoB	
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Birth family

Mother:	Name			
Address				
Postcode		Telephone		
Ethnicity/religion/first language				
Contact arrangements				
Father:	Name			
Address				
Postcode		Telephone		
Ethnicity/religion/first language				
Contact arrangements				
Siblings contact arrangements				
Any previous birth family name/address?				

Name of GP

Name and Address			
Postcode		Telephone	

Current carers

Name		Length of time provided care		
Address				
Postcode		Telephone		Any relationship to the child?
Languages spoken				
GP of carers (if different from above)				
Name				
Address				
Postcode		Telephone		

Agency details

Name of agency		Name of social worker	
Address			
Postcode		Telephone	

Consent by birth parent/social worker* where child does not have capacity to consent

Consent already given in Looked After documents? Yes / No If not, then complete below					
I agree to		being assessed	Date		
Signature		Name		Relationship	
* Authorised by LA to give consent on their behalf					
Part A completed by:		Telephone		Date	

Name of child		DoB	
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Part B To be completed by the examining health professional and retained within the child's health record. For adoption only, a copy of this entire form will be sent to the child's adoption agency.

Consent by the child with capacity to consent is essential. Does the child have capacity to consent? Yes/No
If not, then check for signed consent in Part A

Consent by the child	
I understand the need for this health assessment and I agree to be seen. I understand that following this assessment, a summary and recommendations for my health care plan will be drawn up. A copy of this will be given to me and my social worker. I consent to copies being sent to my carer, birth parent(s), GP and school nurse/doctor (delete or add as necessary). In adoption, I understand a copy of this entire form will be sent to my adoption agency (delete if not applicable).	
Signature	Date

List those present at assessment:

1. Health discussion

Is the child currently well and enjoying life? Does the carer have any concerns about the child's health or well being?
Does the child eat and sleep well?
Are there any concerns about development or school progress? Are self-care skills (including toileting) age-appropriate?
Are there any significant behaviour problems or difficulty relating to carers, other significant adults and peers?

Is the child attending any health or therapy appointments? Are there any outstanding?

	Name	Address	Give details/dates of last visit
HV/School Nurse			
Dentist			
Paediatrician			
CAMHS			
Other			

Name of child		DoB	
<p>Would it be appropriate for the child to have any further discussion or information about skin or hair care, diet, exercise, relationships, sex, smoking, alcohol, street drugs, etc?</p>			
<p>Does the child have a trusted adult to talk to?</p>			
<p>Any other concerns (from social worker, birth parent, carers, school, etc)?</p>			

2. Immunisation status

		Dates given				
Is this child fully immunised for their age?		1	2	3	4	5
	Yes/No					
Immunisations required:	Diphtheria					
	Tetanus					
	Pertussis					
	Polio					
	HiB					
	Meningitis C					
	MMR					
	Hepatitis B					
	BCG					
	Pneumococcus					
	Other					

3. Health history

Family health history including genetic disorders, mental health and learning difficulties from Form PH or, if different, state source. Please indicate if no family history is available	
Mother	
Father	
Siblings	
Others	
Social and care history including lifestyle issues, and any risk of blood-borne viruses or other infections	
Personal health history including summary of Forms M & B where available	
a. Antenatal/birth, including risk-taking behaviour, time and place of birth, birth measurements, resuscitation required, Apgar scores	

Name of child		DoB	
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b. Neonatal, including feeding details and attachment

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c. Other past health history including growth, illnesses, hospital admissions and accidents

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Regular medication/equipment required

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Allergies/adverse reactions to medication, food or animals

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Investigations	Date	Result
Thyroid function		
PKU		
Haemoglobinopathy screen		
Cystic fibrosis		
Hepatitis B		
Hepatitis C		
HIV		
Genetic/chromosomes		
Other		

4. Physical examination

Date		Age	
General appearance/presentation including evidence of non-accidental injury			
Skin, including BCG scar			
Hair colour		Eye colour	

Name of child				DoB			
Oral health							
Growth							
Height	cm	centile	Weight	kg	centile	OFC	cm centile
ENT Result & date of neonatal/last hearing test							
Eyes							
Red reflex/cover test							
Result & date of orthoptic assessment /visual acuity test							
Respiratory system Does anyone in the carer's household smoke?							
Cardiovascular system							
Abdomen							

Genitalia (NB. only where clinically indicated)
Nervous system (as clinically indicated)
Musculoskeletal system (NB. hip stability, scoliosis, etc)

5. Emotional and behavioural development (including Carer's Report)

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Name of child		DoB	
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6. Developmental/functional assessment

Date		Age	
Gross motor skills			
Conclusion			
Fine motor skills and eye-hand coordination			
Conclusion			
Communication skills			
Conclusion			
Cognitive skills and level of attention			
Conclusion			
Social and self-care skills including toileting			
Conclusion			
Date and results of any formal developmental assessment (eg SoGS, Griffiths)			

7. Special educational needs/additional support needs for learning

Is the child likely to require extra help in school?	Yes/No/Possibly
Notification to the Local Education Authority/Education Department?	Yes/No
School action?	Yes/No
School action plus?	Yes/No
Statement of SEN/Record of needs/Coordinated support plan?	Yes/No

Name of child		DoB	
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Examining health professional

Signature		Date	
Name	Dr J Gould		
Designation	Medical Examiner	Address	Pelhams Clinic Millhams Road Kinson BH10 7LH
Qualifications	BM BS Bsc MRCP		
GMC Registration number (doctors only)			
Telephone	01202 570821	Postcode	BH10 7LH
Email		Fax	01202 576104

It is always good practice for the examining health professional to discuss the issues raised in this report with the child, where it is age appropriate, and to seek appropriate consent for further dissemination of information. The examining health professional or agency Health Adviser should discuss the issues and their implications for the child with any future carers.

Please respect confidentiality and take care whether or not to share personal health information.

Name of child		DoB	
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Part C should be retained in the child's health record and a copy sent to the social worker. It is good practice, with appropriate consent, to share this information with the child's current and future carers. This summary should also be shared with adoption and fostering panels. For adoption only, a copy of this entire form will be sent to the child's adoption agency.

SUMMARY REPORT FROM AGENCY HEALTH ADVISER

Date completed	
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Relevant family history (state source) and implications for future			
Mother		Father	
Siblings		Other	

Relevant factors in child's own health history and implications for future

Birth history and past health history

Present physical and dental health

Weight		Centile	Height		Centile	BMI
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Immunisations

Two months; DTaP/IPV/Hib Pneumococcal (PVC) Rotavirus	Date given:	Three month; DTaP/IPV/Hib Men C Rotavirus	Date given:
Four Months; DTaP/IPV/Hib and PVC	Date given:	Between 12 and 13 months Hib/Men C/PVC and MMR	Date given:
2 and 3 yrs; Influenza	Date given:	3yrs 4months dTAP/IPV or DTaP/IPV MMR	Date given:

Developmental and educational history

Emotional and behavioural development

Name of child		DoB	
Parenting issues in current placement			

Name of child		DoB	
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HEALTH RECOMMENDATIONS FOR CHILD CARE PLAN

Date of next health assessment	
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Issues	Action required	By when	Named person responsible	Action taken/Date completed
Allergies	Yes/No			
Immunisations up to date?	Yes/No			
Registered with GP?	Yes/No			
Permanently registered with GP?	Yes/No	Name		
Registered with dentist?	Yes/No	Name		

All issues to be reviewed by social worker at Looked After Child Reviews

Name of person completing Part C	Dr J Gould	Date	
Designation	Medical Examiner	Address	Pelhams Clinic Millhams Road Kinson BH10 7LH
Qualifications	BM BS Bsc MRCGP		
Telephone	01202 570821	Postcode	BH10 7LH
Email		Fax	01202 576104
Signature		Panel	