# In Focus: Stoma Care Additional Products

## Stoma Care Additional Products Formulary

### Introduction

Stoma care additional products are prescribed for individual patients to help prevent sore skin and other problems developing with the stoma. The Specialist Stoma Nurses across Dorset have agreed a Stoma Care Additional Product Preferred Formulary; the most cost effective products have been selected on the advice and experience of the local stoma nurses.

The approved stoma care additional products formulary is available on the Dorset Formulary [here](#).

**New patients** should be started on these formulary choices, existing patients will be reviewed when seen in the clinic or during domiciliary visits to ensure formulary choice products are prescribed (if clinically appropriate).

- Patients seen by the stoma clinic will be issued with 14 days’ supply.
- The Stoma clinic will inform the GP of the patient’s stoma repeat products. This information must specify quantities required for a 28 day period.
- The patient should also be issued with a list of products prescribed for them, along with the recommended quantities for a month’s supply or frequency to order if required less often.

### Prescriptions

Stoma clinics and GP practices must **not** provide retrospective prescriptions when requested by appliance contractors, dispensing practices or community pharmacies. All prescriptions with the appropriate quantities must be ordered by the patient or stoma clinic at least 14 days before they are needed.

GP practices should have a process for checking the quantities and frequency of repeats and contact the patient if there is a query. If the GP practice feel the patient is regularly over-ordering the stoma nurse should be contacted to follow this up.

- Stoma products should be issued on a separate FP10 prescription to the patient’s regular medication.
- Stoma FP10 prescriptions should be sent to the Patients’ nominated dispensing organisation for stoma products (this may be different from the patients regular dispensing organisation).

### Non-Formulary choice products

If a GP has a patient receiving non-formulary stoma items and / or large quantities and has not had a recent review, the patient should be referred to their local stoma clinic. The practice can suggest a formulary choice alternative or continue with the prescription request until a review takes place. Appropriate quantities should be issued to the patient (see Stoma Care Additional Preferred Product List within the guidance pages 3-7 [here](#)).

If in doubt contact the patient’s local Stoma Nurse.

### Dorset stoma clinic contact details

- **Dorset County Hospital NHS Foundation Trust**: Vikki Andrews - Lead Nurse - Stoma Care Team Telephone: 01305 255152 Ext: 5152 Email: [stomacare@dchft.nhs.uk](mailto:stomacare@dchft.nhs.uk)
- **Royal Bournemouth and Christchurch Hospitals**: Carla McDonald – Stoma Nurse Specialist Telephone: 01202 704813 Email: [stoma.care@rbch.nhs.uk](mailto:stoma.care@rbch.nhs.uk)
- **Poole Hospital NHS Foundation Trust**: Tracy Lees - Stoma Nurse Specialist Telephone: 01202 448199 Email: [stoma.care@poole.nhs.uk](mailto:stoma.care@poole.nhs.uk)

### References

Dorset CCG Stoma Additional products Guidance April 2017

### Contact us

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