

Guidelines for the prescribing of Stoma Additional Products Preferred in Primary Care

The Specialist Stoma Nurses across Dorset have agreed a Stoma Care Additional Product Preferred Formulary; the most cost effective products have been selected on the advice and experience of the local stoma nurses.

Stoma care additional products are prescribed for individual patients to help prevent sore skin and other problems developing with the stoma. New patients will be started on these formulary choices, existing patients should be reviewed when seen in clinic or during domiciliary visits to ensure formulary choice products are prescribed (if clinically appropriate).

- Patients seen by the stoma clinic will be issued with 14 days supply.
- The Stoma clinic will inform the GP of the patient's stoma repeat products. This information must specify quantities required for a 28 day period.
- The patient should also be issued with a list of products prescribed for them, along with the recommended quantities for a month's supply or frequency to order if required less often.

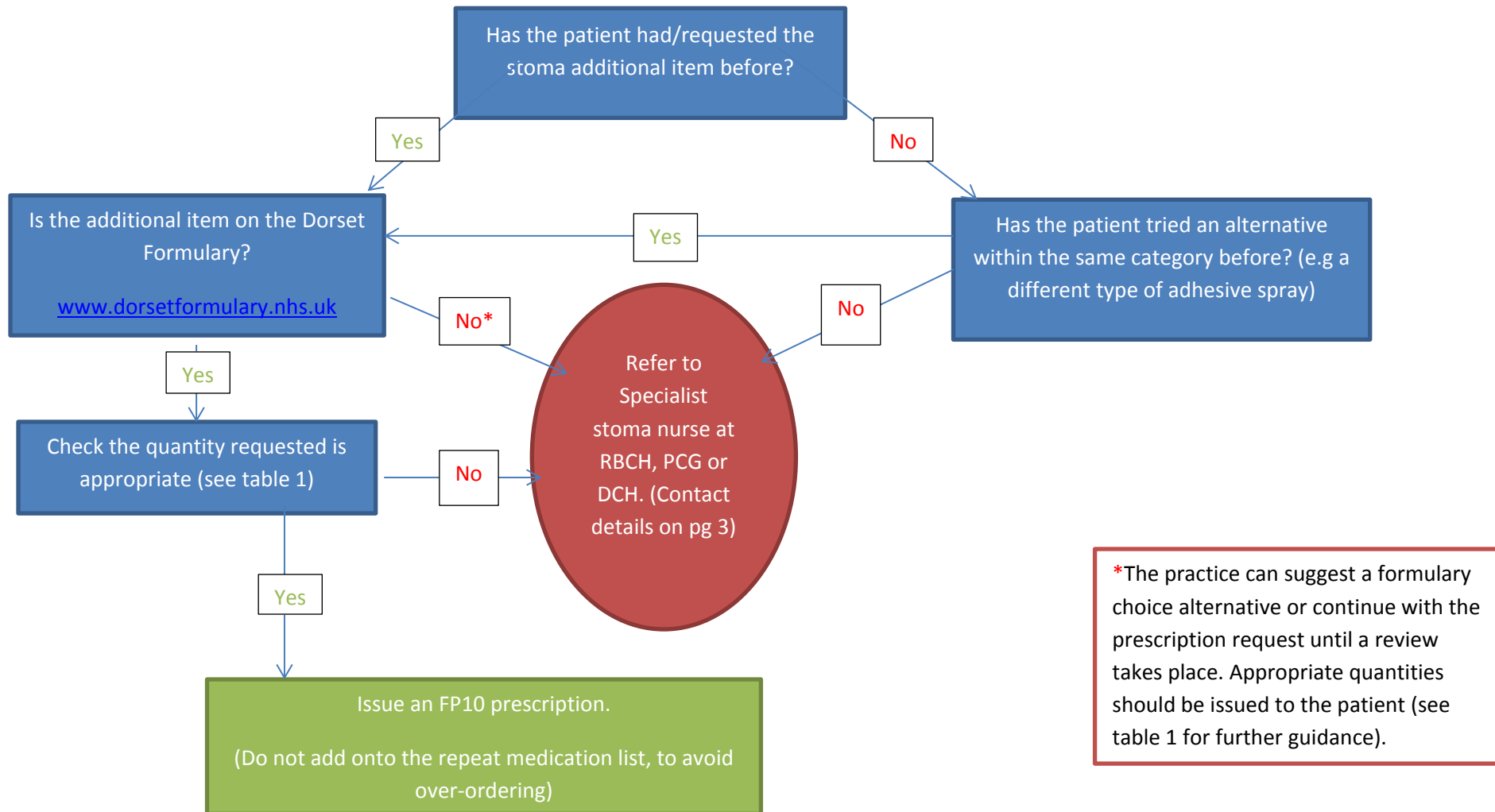
Stoma clinics and GP practices must **not** provide retrospective prescriptions when requested by appliance contractors, dispensing practices or community pharmacies. All prescriptions with the appropriate quantities must be ordered by the patient or stoma clinic at least 14 days before they are needed.

- GP practices should have a process for checking the quantities and frequency of repeats and contact the patient if there is a query. If the GP practice feel the patient is regularly over-ordering the stoma nurse should be contacted to follow this up.
- Stoma products should be issued on a separate FP10 prescription to the patient's regular medication.
- Stoma FP10 prescriptions should be sent to the patients nominated dispensing organisation for stoma products (this may be different from the patients regular dispensing organisation).

If a GP has a patient receiving non-formulary stoma items and/or large quantities and has not had a recent review, the patient should be referred to their local stoma clinic (Poole General Hospital, Royal Bournemouth & Christchurch Hospital or Dorset County Hospital), details are listed on page 7 (The patient may also self-refer).

If in doubt contact the patient's Local Stoma Nurse (contact details on page 7)

Flow chart for requests for stoma additional products preferred on FP10 prescription



STOMA CARE ADDITIONAL PREFERRED PRODUCT LIST

This guide is for first line choices for most stoma patients. The list does not preclude other products where there are specific clinical reasons that make a first line option inappropriate. For further advice/guidance please contact the Stoma Care Team – Tel: 01305 255152 (Dorchester) or 01202 704813 (Bournemouth) and 01202 448199 (Poole)

| Product Type | Manufacturer | Product Name | Other specification (Fragrance, size etc.) | Pack Size | Product Code | Price | | Average Monthly Quantity | Comments |
|------------------------|-----------------------------|--|--|-----------|--------------|---------|-------------|--------------------------|--|
| | | | | | | Per Box | Single Unit | | |
| Adhesive Remover Spray | Salts Healthcare | WipeAway Plus | | 50ml | WAP | | £6.56 | 1-4 bottles per month | To aid gentle adhesive removal preserving skin integrity. Effective for ileostomy and urostomy pouch removal especially. |
| | Hollister Ltd Ltd | Adapt No-Sting medical adhesive remover aerosol | | 50ml | 7737 | | £6.95 | | |
| | Dansac Ltd | Dansac EasiSpray adhesive remover | | 50ml | 083-01 | | £6.50 | | |
| | Dansac Ltd | Dansac non-sting adhesive remover spray | | 50ml | 082.01 | | £9.50 | | |
| Adhesive Remover Wipes | CliniMed Ltd | Appeel No sting medical adhesive remover wipes | | 30 | 3505 | £15.54 | 52p | 1-3 packs per month | To aid gentle adhesive removal, preserving skin integrity. 1 wipe should be used per bag change. |
| | Salts Healthcare Healthcare | WipeAway Plus adhesive remover sachets | | 30 | WAP2 | £8.65 | 29p | | |
| | ConvaTec Ltd | Niltac Sting Free medical adhesive remover wipes | | 30 | TR102 | £14.56 | 49p | | |

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|----------------------|------------------------|---|--|-----------|--------------|---------|-------------|-----------------------------|--|
| | | | | | | Per Box | Single Unit | | |
| Barrier Wipes | Salts Healthcare | Peri-Prep sensitive no sting protective film wipes | | 30 | PPS1 | £15.74 | 52p | 1-3 packs per month | Protects fragile skin. Protects skin from harmful effects of contact with stoma output. 1 wipe should be used per bag change. |
| | OstoMart Ltd | OstoGuard no sting protective skin barrier film sachets | | 30 | RMC3 | £20.79 | 69p | | |
| | CliniMed Ltd | LBF Sterile no sting barrier film wipes | | 30 | 3820 | £25.12 | 84p | | |
| Filler/Sealing Paste | Pelican Healthcare Ltd | Cohesive Paste | | 60g | 839010 | | £8.71 | 1-2 tubes per month | Prevents leaks by filling creases or providing reinforcement to adhesive seal. Pelican paste for use on sore or broken skin as contains no alcohol. |
| | Dansac Ltd | Soft Paste | | 50g | 77550-0 | | £3.67 | | |
| | Salts Healthcare | Stoma Paste | | 60g | SP60 | | £3.81 | | |
| Other Paste | ConvaTec Ltd | Orabase Paste | | 30g | S103 | | £2.14 | 1-2 per month | AMBER - for protective paste for Peristomal or Mucosal Ulceration or Mucocutaneous Separation . Should only be a recurring item for patients with prolapsed stoma. |
| Flange Extenders | Various | Various | | | | | | 1-3 strips per pouch change | AMBER – Individual choice based on patient needs – only to be initiated by stoma nurse Provide extra adhesive area |

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| | | | | | | Per Box | Single Unit | | |
| Mouldable Seals | Hollister Ltd | Adapt barrier ring | 48mm | 10 | 7805 | £17.86 | £1.79 | 1 per pouch change | Prevent leaks by reinforcing adhesive seal, act as filler. |
| | | | 98mm | | 7806 | £22.51 | £2.25 | | |
| | | Adapt slim barrier ring | 48mm | 10 | 7815 | £17.54 | £1.75 | | |
| | Pelican Healthcare Ltd | Cohesive slims washer small | 48mm | 30 | 839005 | £57.00 | £1.90 | | |
| | | Ostomy cohesive seal large | 98mm | 10 | 839001 | £25.87 | £2.59 | | |
| | Salts Healthcare | SecuPlast mouldable seals | Thin | 30 | SMST | £50.38 | £1.68 | | |
| | | | Large | 10 | SMSL | £22.92 | £2.29 | | |
| | | SecuPlast Aloe ring | 25mm | 30 | SAR25 | £35.68 | £1.19 | | |
| 32mm | | | SAR32 | | | | | | |
| 38mm | SAR38 | | | | | | | | |
| 45mm | SAR45 | | | | | | | | |
| Collars | Various | Various | | | | | | 1 per pouch change | AMBER – Individual choice based on patient needs; only to be initiated by stoma nurse |
| Lubricating Deodorant | Hollister Ltd | Adapt Lubricating Deodorant | | 236ml | 78500 | | £9.48 | 1 squirt / sachet per pouch change | Amber only after a trial of baby oil or alternative simple measures |
| | | Adapt Lubricating Deodorant Sachets | | 50 | 78501 | £13.47 | 26p per sachet | | |
| | OstoMart Ltd | OstoZyme Multi Odour Neutralising Lubricating Gel | | 300ml | TCB6 | | £8.08 | | |

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| Protective Powder | ConvaTec Ltd | Orahesive powder | | 25g | S106 | | £2.46 | 2 per month | AMBER – only to be initiated by stoma nurse; Protective powder for broken skin or Mucocutaneous Separation. |
| | Hollister Ltd | Adapt stoma powder | | 28.3g | 7906 | | £2.62 | | |
| Solidifying agents | OstoMart Ltd | OstoSorb gel 3g sachets | | 30 | PFW5 | £9.78 | 33p/sach | 1 per pouch change | AMBER – only to be initiated by stoma nurse Thickens liquid output to aid management. |
| | | | | 150 | PFW6 | £41.05 | 27p/sach | | |
| Pouch Clips | Variable | | | 10 | | | | 1 box per month | |
| Deodorising Spray | Peak Medical Ltd | Peak Auricare Odour Eliminator | | 60ml | ACD60 | | £4.60 | 1 per month | AMBER - Deodorising spray is only to be initiated by stoma nurse |
| | Salts | FreshAire | | 50ml | FA1 | | £3.82 | | |
| Appliance Belts | Variable | Variable | | | Variable | | | 3-6 per year | AMBER - For use with convex pouches mainly; provides extra security and reinforces seal. |
| Stoma Bridges | Opus Healthcare | Clearway Bridge Mini | | 30 | 8800 | £10.24 | 34p each | 2 per pouch change | AMBER – Used to help prevent leaks caused by pancaking of stool when problem not solved by simple measures |
| | | Clearway Bridge | | 30 | 7700 | £10.23 | 34p each | | |

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|---------------------------|--|--------------|--|-----------|--------------|---------|-------------|--------------------------|---|
| | | | | | | Per Box | Single Unit | | |
| Protective wafer/dressing | Protective wafers are NON-FORMULARY please use a dressing from the wound formulary found here . | | | | | | | 1 Per Pouch change | Protects skin in cases of contact dermatitis. To cover wounds/ulcers etc. and allow pouch adhesion. |

The Following Items are non-formulary and prescribing in primary care would not be expected:

- Underwear (except for hernia support underwear which is considered Amber)
- Skin Cleansers and Washes
- Stoma Filters
- Liquid or aerosol adhesives (only sprays and wipes as above)
- Gauze swabs

For PIPs Forum (Patients Industry professionals Forum) Stoma prescribing guidelines please click on the link below:

<http://www.bhta.net/sites/default/files/PIPs%20Stoma%20prescribing%20guidelines%20-%20Jan%202014.pdf>

Stoma Nurse Contact Details:

GPs may refer patients to the Stoma clinics, or patients may self-refer. The stoma clinics available across Dorset are listed below;

Dorset County Hospital NHS Foundation Trust

Vikki Andrews - Lead Nurse - Stoma Care Tea

Telephone: 01305 255152

Ext: 5152

Email: stomacare@dchft.nhs.uk

Royal Bournemouth and Christchurch Hospitals:

Carla McDonald – Stoma Nurse Specialist

Telephone: 01202 704813

Email: stoma.care@rbch.nhs.uk

Poole Hospital NHS foundation Trust

Tracy Lees - Stoma Nurse Specialist

Telephone: 01202 448199

Email: stoma.care@poole.nhs.uk

Guidelines for the prescribing of Additional Products in Primary Care were adapted from the Wiltshire CCG 'Guidelines for the prescribing of stoma appliances' and in conjunction with the Stoma Nurses from DCH (Vikki Andrews), RBCH (Carla McDonald) and PGH (Tracy Lees) with the Medicines Management Team NHS Dorset CCG.

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