



## **Dorset Care Record – My Life My Care**

The Dorset Care Record (DCR) brings all your health details together so medical and social care staff can give you the best possible care. It is a new confidential computer record that will join up different records to create one complete and up-to-date record about you. Over time, this will help improve the care you receive.

The DCR is a partnership supported by NHS Dorset Clinical Commissioning Group, Dorset County Hospital, Poole Hospital, Royal Bournemouth and Christchurch Hospitals, Dorset HealthCare, Dorset County Council, Borough of Poole and Bournemouth Borough Councils and the South Western Ambulance Service Trust.

Sharing your record will bring about:

- Coordinated and safer care
- Clear decisions about your care
- No need to repeat your details to different professionals
- Accurate contact details
- A better understanding of your situation

You can find out more about the DCR at [www.dorsetforyou.gov.uk/dorset-care-record](http://www.dorsetforyou.gov.uk/dorset-care-record)

If you have an enquiry you can contact the team at [dorsetcarerecord@dorsetcc.gov.uk](mailto:dorsetcarerecord@dorsetcc.gov.uk)

Or you can ring the helpline from 4 January on 0345 200 0026

Ends